



Idaho's Premier Direct Primary Care™

MEMBER SERVICES GUIDE

WELCOME TO AMERICAHEALTH DIRECT



AmericaHealth is a medical services organization with multiple offices throughout Southeastern Idaho.

By joining AmericaHealth Direct, patients can receive unlimited primary healthcare at one of our three urgent care facilities located in Idaho Falls, Pocatello, or Rexburg, Idaho.

Shown below is an example of many of the healthcare services, procedures, tests, treatments, and wellness benefits included with your membership.

Acute Non-acute Office Visits

Coughs, colds, flu swabs*, sprains, sinus and ear infections, sore throat, fever, rashes, diarrhea, back pain, strep tests*, asthma, bronchitis, pneumonia, kidney and bladder infections, non-life-threatening medical issues.

Chronic Disease Management

Acid reflux, arthritis, asthma, blood pressure monitoring, cardiovascular disease, cholesterol monitoring, chronic fatigue, diabetic monitoring, fibromyalgia, non-narcotic pain management.

Preventative Medicine

Athletic, mission, school, well child, male and female physical exams, body composition analysis, electrocardiogram (EKG), nutrition counseling, Pap Smear procedures, Tdap, and basic vision screening.

Procedures, Tests and Treatments

Abscess incision and drainage*, basic splinting and casting for fractures, breathing treatments (nebulizer inhaler with spacer)*, ear wax removal, drawing basic labs, in-house rapid strep and flu tests, foreign body removal, medication injections* (B-12, testosterone, etc.) minor laceration repair, simple biopsy*, skin cyst removal, skin tag and wart treatment/removal, urinalysis*, wound repair and sutures.

Pediatrics, Men's and Women's Health

Acute care as listed above, child development evaluations, perimenopausal and postmenopausal health, Pap smear,* preconception health.

Administration Tasks

Medication prescription and refills, pre-operative forms, specialist referrals.

Occupational Health

Minor workplace injuries. If you suffer an injury at work inform your employer immediately, complete the required paperwork and advise AmericaHealth that the injury occurred in the workplace.

Referrals Beyond Primary Care

We will provide referrals to any outside specialists and services that you and your health care provider decide that your health requires. You will need to use your health insurance when seeing outside providers.

**Member is responsible for all costs associated with any medications, laboratory testing, pathology fees, radiology ordered, and specimen analysis.*

Additional healthcare services are available at a discounted rate for AmericaHealth Direct members, including aesthetics, chiropractic, mental health, and higher-level medical services. Please see current AmericaHealth Direct Member Fee Schedule for details.

Frequently Asked Questions

What is Direct Primary Care?

Direct primary care (DPC) is a subscription-based model for primary healthcare delivery. Patients enroll as members of AmericaHealth Direct and pay a monthly fee for unlimited access to a defined set of primary care services from AmericaHealth providers. There are no copays, no deductibles- just quality healthcare for a predetermined price.

What are Your Prices?

The cost of an AmericaHealth Direct* membership is simple and affordable.

- Adult \$69.99/month
- Spouse \$39.99/month
- Child \$9.99/month (Ages 0 to age 26, must include an adult membership)

**Member is responsible for all costs associated with any laboratory testing, pathology fees, medications dispensed, radiology ordered and specimen analysis. Members will be charged a one-time Registration Fee of \$69.99 per household or employer group.*

Who Does Direct Primary Care Work Best For?

AmericaHealth Direct membership program works best for three types of individuals or employer groups:

1. Individuals without health insurance
2. Individuals with health insurance but with a high deductible
3. Employers who are level-funded or self-funded

Is an AmericaHealth Direct Membership Health Insurance?

No. Individuals and employers are encouraged to have health insurance to pay for medical services not provided for by their AmericaHealth Direct membership.

AmericaHealth Direct

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