



Idaho's Premier Direct Primary Care™

MEMBER SERVICES GUIDE

WELCOME TO AMERICAHEALTH DIRECT



AmericaHealth is a medical services organization with multiple offices throughout Southeastern Idaho. We have primary/urgent care clinics, mental health facilities and much more.

By joining AmericaHealth Direct, patients can receive unlimited primary healthcare at one of our urgent care clinics located in

Idaho Falls, Pocatello, or Rexburg, Idaho and reduced prices for other healthcare related services.

Medical care rendered at an urgent care clinic can provide 80-90% of your healthcare needs. Shown below is an example of many of the healthcare services, procedures, tests, treatments, and wellness benefits included with your AmericaHealth Direct membership.

Acute Non-acute Office Visits

Primary and urgent care office visits for treatment of coughs, colds, sprains, sinus and ear infections, sore throat, fever, rashes, diarrhea, back pain, asthma, bronchitis, pneumonia, kidney and bladder infections, and other non-life-threatening medical issues.

Chronic Disease Management

Acid reflux, arthritis, asthma, blood pressure monitoring, cardiovascular disease, cholesterol monitoring, chronic fatigue, diabetic monitoring, fibromyalgia, non-narcotic pain management.

Preventative Medicine

Athletic, mission, school, well child, male and female physical exams, electrocardiogram (EKG), and nutrition counseling.

Procedures, Tests and Treatments

Abscess incision and drainage, basic splinting and casting for fractures, breathing treatments (nebulizer inhaler with spacer), rapid strep test, flu test, and TB Skin tests, foreign body removal, medication injections (Albuterol, Vitamin B6, B12, etc.), lesion removal, simple laceration repair, skin biopsy, skin tag and wart treatment/removal, wound repair and sutures. *Member is responsible for all costs associated with any medications, laboratory testing, pathology fees, radiology ordered, and specimen analysis.*

Pediatrics, Men's and Women's Health

Acute care as listed above, child development evaluations, perimenopausal and postmenopausal health, Pap smear*, pregnancy test*, preconception health.

Administration Tasks

Medication prescription and refills, pre-operative forms, specialist referrals.



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Disclaimer -- Not Health Insurance. The AmericaHealth Direct Membership Agreement does not provide health insurance coverage of any kind, including the minimal essential coverage required by applicable federal law. It provides only the Services described in the Membership Agreement. AmericaHealth recommends that Members obtain health care insurance to cover medical services not provided for under this Program. The Membership Agreement is for individual use only and is not a group benefits plan.

Additional healthcare services provided by AmericaHealth may be available at a reduced rate for AmericaHealth Direct members, including aesthetics, chiropractic, mental health, and higher-level medical services. Please see current AmericaHealth Direct Fee Schedule for details.

Frequently Asked Questions

What is Direct Primary Care?

Direct primary care (DPC) is a subscription-based model for primary healthcare delivery. Patients enroll as members of AmericaHealth Direct and pay a monthly fee for unlimited access to a defined set of primary care services from AmericaHealth providers. There are no copays, no deductibles- just quality healthcare for a predetermined price.

What are Your Prices?

The cost of an AmericaHealth Direct* membership is simple and affordable.

- Adult \$69.99/month
- Spouse \$39.99/month
- Child \$ 9.99/month (Ages 0 to age 26, must include an adult membership)

**Members will be charged a one-time Enrollment Fee of \$69.99 per household or employer group.*

Who Does Direct Primary Care Work Best For?

AmericaHealth Direct membership program works best for three types of individuals or employer groups:

1. Individuals without health insurance
2. Individuals with health insurance but with a high deductible
3. Employers who are level-funded or self-funded

Is an AmericaHealth Direct Membership Health Insurance?

No. Individuals and employers are encouraged to have health insurance to pay for medical services not provided for by their AmericaHealth Direct membership.

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